

Enrichment Center Caregiver Calendar March 2020



Monday	Tuesday	Wednesday	Thursday	Friday
10am: Caring Connection Support Group 10am: 5 Toe Club Amputee Support	3 1pm: Caregiver Time Out	4 10am: Diabetes Support 2pm: Drama Club	5 1pm: Dementia Caregiver Support (Long-Term Care/Medicaid Seminar)	6
9 Tech 9-1-1 (Sign Up For A Time) 6:30pm: MS Support Group	10 1pm: Caregiver Time Out 1pm: Low Vision Support Group	11	12 1pm: Grief Support Group 1pm: Stroke Support Group	13 1pm: Movie Club
9am-11am: Census Day	Happy St. Patrick's Day! 1pm: Caregiver Time Out	9am-11am: Census Day 10:30am: Parkinson's Disease Support Group 2pm Drama Club	19 1pm: Dementia Caregiver Support (Elder Law Seminar)	20
23	24 1pm: Caregiver Time Out	25	10:00am: Grandparents Raising Grandchildren Support (LHFS Seminar) 1pm: Grief Support Group	27
30	31 1pm: Caregiver Time Out			

Signups for all programs are strongly encouraged in case of cancelation. You can RSVP at (919) 776-0501 ext. 2201.

Please call Holly Hight, Caregiver Specialist, at (919) 776-0501 ext. 2230 for more information regarding these programs or for further assistance.